



COMMUNICATION & FEEDING SPECIALISTS

• OF SOUTHEASTERN WISCONSIN •
CREATING PATHWAYS TO SUCCESS

414.208.0753

414.755.0774

info@communicationandfeeding.com

www.communicationandfeeding.com

8707 W. North Ave, Wauwatosa, WI

Sensory Processing Questionnaire

Adolescent/Adult:

- I am over-sensitive to environmental stimulation: I do not like being touched.
- I avoid visually stimulating environments and/or I am sensitive to sounds.
- I often feel lethargic and slow in starting my day.
- I often begin new tasks simultaneously and leave many of them uncompleted.
- I use an inappropriate amount of force when handling objects.
- I often bump into things or develop bruises that I cannot recall.
- I have difficulty learning new motor tasks, or sequencing steps of a task.
- I need physical activities to help me maintain my focus throughout the day.
- I have difficulty staying focused at work and in meetings.
- I misinterpret questions and requests, requiring more clarification than usual.
- I have difficulty reading, especially aloud.
- My speech lacks fluency, I stumble over words.
- I must read material several times to absorb the content.
- I have trouble forming thoughts and ideas in oral presentations.

*While this checklist can't diagnose Sensory Processing Disorder, it can be a helpful guide to see if additional testing should be done. When filling out this checklist, think about your behavior during the past six months.

"What Is SPD?" Star Center SPD. N.p., n.d. Web. 29 Jan. 2015.